

## MORE THAN A BED

A tremendous amount of courage and perseverance is needed to face the disappointments day after day of trying to get the help, job, and essential paper work that is necessary to achieve the beginning steps to be self supporting. A New Leaf homeless shelters provide *"more than a bed."*

### La Mesita Family Homeless Shelter



A La Mesita mom embraces her son after acquiring a higher-paying job.

At La Mesita's 30-unit family shelter, a broad array of services are provided for up to 4 months to help homeless families with children under the age of 18 become self-reliant.

Two units are available to accommodate families with disabilities or with a large number of children. Families coming into La Mesita find rooms outfitted with enough necessities to restart their lives. A licensed child care facility, a youth development center (ages 6-17), a teen room and adult computer access with volunteer help are advantages La Mesita offers. Partnering with the community enables La Mesita to provide classes in relationships, parenting, nutrition,

children's activities, relapse prevention, and money management.

*"Being here... having free daycare on site is a tremendous help. I don't have to worry about my children while I look for a job."*

-Alexa, La Mesita Resident

*"I say 'Yes' to life again."*

-Debbie, La Mesita Resident

### EVMC Men's Shelter

EVMC is an 84-bed facility for single men who have faced life challenges or who have turned 18 and aged out of other service programs and are now motivated to try to reach the goal of permanent employment leading to increased self-sufficiency.

Given access to resources, counseling and training, the men must start living drug and alcohol free, find a job, save money and show responsibility. Gracious volunteers provide many services from teaching skills classes, organizing drives for necessities, helping with taxes and most importantly, providing sack lunches to go and a hot dinner for every single man, 365 days a year.

To better accommodate this much-needed service and with the help of major funders City of Mesa, CDBG and the Nina Mason Pulliam Charitable Trust, A New Leaf has been working on a major renovation project that will rebuild and enhance the kitchen, dining room, restrooms with shower stalls, outdoor space and more.

*"This program helps you focus on what you have to do."*

-Mitchell, EVMC Men's Shelter

Both of A New Leaf's Homeless Shelters have strong guidelines in place to help



*"I tell the gentlemen here that if you dress nice, you feel better. At the end of the day, I may still be homeless, but I feel better about myself. That is so important."*

I.G. - Newly employed EVMC Resident

develop responsibility and respect for others. Last year alone, over 850 individuals restarted their lives at these two homes.

From the dedicated staff to the volunteers who gently rock babies, to community members who donate time, financial gifts and in-kind help, these shelter programs truly are so much *"more than a bed."*

*"Everyone is successful in their own way. I try to find something to celebrate in everybody."*

-Karen Brown, Program Manager  
La Mesita Family Homeless Shelter

*"While the men live and work here, they find a family, a home and people who believe in them and want to help them become successful. I see wonderful transformations."*

-Connie Hallett, Program Manager  
EVMC Men's Shelter

If you know someone who may need a Homeless Shelter location, please have them call: Community Informational & Referral 602-263-8856, Outside Maricopa County 1-800-352-3792; CONTACTS 602-263-8900, or Outside Maricopa County 1-800-799-7739.

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# A MESSAGE FROM OUR CEO AND BOARD PRESIDENT



Michael T. Hughes



Fred Phail

Moving forward in a new era has brought A New Leaf opportunities for resourcefulness, growth and further commitment. By embracing the changes we have all seen in the social and economic arena, our agency continues to prepare for the future of our communities' citizens in need.

We have seen homelessness move to the forefront of community awareness. Many of those living at La Mesita Family Homeless Shelter and the EVMC Men's Shelter came to us after the shock of unexpected job loss. Others, though employed, need the time

and support to again become self-sufficient. These hard-working residents are great examples to us of how taking one careful step at a time can help achieve what seems like an over-whelming goal.

The homeless also include women and children who are living in domestic violence shelters. No longer able to go home, the women at Autumn House and Faith House work to develop safe, healthy futures for their families. The fully-staffed Child Care Center at Faith House ensures that children will be safely harbored while their mothers strive to become empowered and more self-reliant.

As community needs cultivate new initiatives, we find ourselves looking for innovative answers. Can local children, who might be home alone after school, find

one-on-one guidance while their parents work at low-income jobs? Yes they can, through the MentorE Computer Lab at A New Leaf's Broadway Road site in Mesa. Learn more in this newsletter.

A New Leaf's footprint in the human service sector is destined to grow and modify with communities needs. To help ensure stable and prolific programming into the future, we launched an Endowment Campaign nearly one year ago and are making great strides.

You too can make a lasting mark in the community. Please consider volunteering to help adults and children, providing holiday gift cards or becoming a financial or Legacy donor. Whether you choose to make a difference at A New Leaf or elsewhere, know that you will make a lasting impression.

## Glendale's Faith House Domestic Violence Shelter Welcomes Friends

Faith House doors are open 24/7 to women and children in need of critical services. On September 23, A New Leaf's West Valley Advisory Council hosted over 100 supporters who came to see first-hand just how successful the shelter is and has been for 35 years.

Taking tours of the 84-bed home (combined Emergency and Transitional shelter beds) were many long-time friends including City of Glendale Vice Mayor Manny Martinez, Council Members Phil Lieberman and

Steve Frate. Arizona Legislators included AZ Senators Linda Gray, District 10, and Pam Gorman District 6, AZ Representatives Debbie Lesko, District 9, Martha Garcia, District 13, Rich Crandall, District 19 (also A New Leaf Board member) and AZ Department of

Housing Director Michael Trailor to name a few.

Faith House' dedicated volunteers showed up in force, some having served as far back as the 1980s. The event's guest speaker, a long-time employee of Faith House and once a victim of domestic violence, shared her experiences and recompense with the audience. Please read Corinne Dwyer's moving story on Page 3.

Many stories have been told about domestic violence. As these

women and children diligently work to break the cycle of abuse, we ask that you show your support by making a financial donation, volunteering, donating new, in-kind items to a "Basic Needs" drive or participate in the "Holiday Angel" program. For more information, contact Kat Connelly at [kconnelly@turnanewleaf.org](mailto:kconnelly@turnanewleaf.org) or 480-226-8172. What you give, will be treasured. What you gain personally, will be invaluable. Thank you.



Betty Lynch, West Valley Advisory Council and Fred Phail, A New Leaf Board President



Faith House supporters Lynn Wilson, Michael Hughes, Pres/CEO, AZ Representative Debbie Lesko, District 19, Glendale Vice Mayor Manny Martinez, Corinne Dwyer (staff) and Vickie Florschuetz.

## A New Leaf Board Tribute



Since the day she toured our shelter programs at the suggestion of Kathy Bollinger, past Board President, Coiya Kirchoff has passionately shared her expertise and exuberance for A New Leaf's mission of Helping Families...Changing Lives.

Under Coiya's tutelage, the Committee has overseen the creation of the West Valley Community Advisory Council. With Faith House Domestic Violence Shelter in Glendale as the Council's focus this past year, Coiya continues to bring her public relations skills into play as she writes columns for local newspapers, appears on television to promote domestic violence awareness and offers her proficient knowledge in all things marketing.

While she diligently accommodates her position of Director of Public Relations and Volunteer Services at Banner Heart Hospital and Banner Medical Center, she somehow finds the time to Chair A New Leaf's Marketing Committee.

Our clients may not know her personally, but the rewards she brings on their behalf are immeasurable. Coiya, from your compassionate enthusiasm to your can-do attitude, we thank you for your time, gifts and your service.

## A Changed Life



Corinne Dwyer came to Faith House 30 years ago as a victim of domestic abuse. She is still here today, as the Program Supervisor.

founder. She knew her despair and feelings were understood and she gained the fortitude to try again. The advice and support she received helped her reclaim her vision of a safe, positive future of herself and her children.

As a young mother of four, Corinne was determined to protect her children from the increased abuse she succumbed to from her husband. After leaving and returning several times, she finally came to Faith House. There she met Betty Ryan, program

Not only has she stopped the cycle of abuse for her children and grandchildren, she is committed to helping others through her first-hand experience. As Program Supervisor, Corinne knows that sharing her story can help others. "I do what I can do today to make a difference for even one person" she humbly states.



## A New Leaf Foundation Endowment Fund Nears Monumental Milestone

Thanks to the dedicated supporters of A New Leaf's shelters and programs, the Foundation announces that they are within \$150,000 of the \$1 million dollar goal set for the end of this year. How encouraging it is to know that A New Leaf programs will be better prepared to endure potential economic downturns through this steadfast funding source.

Please help ensure the future of those less fortunate by joining this worthy effort, knowing that the principal of your gift remains intact and only the interest is utilized.

Gifts or multi-year pledges of \$10,000 or more made before the end of the year, will be recognized with the donors name engraved on a permanent structure at A New Leaf. Gifts or multi-year pledges of \$100,000 or more are recognized with a naming opportunity.

Additionally, as part of your estate planning process, Legacy gifts may be funded to A New Leaf Foundation at a later time. These gifts may be placed in the Endowment Fund to help support the greatest need or be restricted for a specific facility or program. Legacy pledges of \$10,000 or more are recognized on the Foundation's "Legacy Giving Tree" donor wall.

Make a lasting difference for your community...for your family... and for generations to come. Please contact Torrie Taj, Exec. VP of Marketing and Resource Development at [ttaj@turnanewleaf.org](mailto:ttaj@turnanewleaf.org) or 480-464-4648.



### 26th Annual CAMARADERIE

Saturday, February 27, 2010  
6:00 pm - 11:00 pm

New Location:  
Arizona Grand Resort  
8000 S. Arizona Grand Parkway  
Phoenix, Arizona

Call 480-464-4648  
or e-mail Doreen at  
[dodavison@turnanewleaf.org](mailto:dodavison@turnanewleaf.org)

Register online at  
[www.TurnaNewLeaf.org](http://www.TurnaNewLeaf.org)



# A NEW LEAF'S GIVING TREE

## Thank You to our Partners in Philanthropy

Includes gifts to A New Leaf, A New Leaf Foundation and MesaCAN

— Financial Donors of \$100 or more received between March 16, 2009 - September 23, 2009 —  
Major Donors of \$1,000 or more are printed in bold.

100% of our Agencies Board of Directors make personal, annual financial donations as further commitment to those in need. We thank Our Board of Directors for their unending generosity.

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In addition to our philanthropic supporters  
*helping families and changing lives,*  
we value the support from our in-kind donors and city,  
state and government partnerships.

We make every effort to maintain accurate records.  
Please advise us regarding any necessary revisions to your  
March 16, 2009 - September 23, 2009 financial gifts.  
Thank you.

Financial donations are conveniently accepted online  
in monthly increments of your choice at  
[www.TurnaNewLeaf.org](http://www.TurnaNewLeaf.org)



LEAVE A LEGACY™  
ARIZONA

Please notify us if you have made a future Legacy gift to us  
in your will or trust so we can  
thank, recognize and include you on our list.

# HELPING FAMILIES...TOGETHER WE MAKE A DIFFERENCE!

## YEAR-END TAX SAVING TIPS

### Help Yourself AND the Working Poor 2009 Tax Credit Opportunities Available Now

As a 501(c)3 human service agency, A New Leaf's La Mesita Family Homeless Shelter, EVMC Men's Shelter, Faith House Domestic Violence Shelter, Autumn House Domestic Violence Shelters and MesaCAN are here to provide shelter, basic needs and housing/utility assistance to those who need it the most. **You can help.**

#### IT IS EASY

- Your \$200 donation (\$400 if married and filing jointly) to A New Leaf can get you a dollar-for-dollar tax credit on your AZ Tax Return.\*
- This tax credit is in addition to any credit you may already receive from donations to a public or private school.
- NEW THIS YEAR, there is no longer any baseline amount requirement, 1996 or otherwise. However, you must itemize deductions on your Arizona income tax return in order to be eligible to claim the credit.

\*For more information, please contact your tax advisor or the Arizona Department of Revenue at 602-255-3381 or toll free 1-800-352-4090.

#### Donate Online Now at [www.TurnaNewLeaf.org](http://www.TurnaNewLeaf.org)

Write "Working Poor Tax Credit" in the comments box to receive your receipt via e-mail instantly or mail to A New Leaf, 868 E. University Dr., Mesa, AZ 85203

All donations must be submitted online or postmarked before midnight on December 31.



## CONSIDER CONTRIBUTING STOCK THIS YEAR

Many people look at their stock portfolio and their charitable contributions around the end of the year to make adjustments. If you're one of them, remember that contributing stock that is held long-term (over a year) has two tax advantages that reduce the real cost of making the contribution:

- Your taxes are reduced by the deduction of the fair market value of the property. (When donating securities listed on a public exchange, it's easy to figure fair market value, it's the average of the high and low sales price on the date of the donation). For example, you donate appreciated stock that is selling at \$2,000. You are in the 20% tax bracket. The deduction for the donation reduces your taxes by \$400.
- You avoid the tax you would have paid on a sale of the stock. Let's say that you acquired the stock over a year ago for \$800. On a sale at \$2,000, you would pay tax of \$180 (15% capital gain rate on \$1,200 profit). By donating the stock, you avoid that \$180, and still realize the \$400 tax savings from the \$2,000 gift amount (if you're in the 20% tax bracket), for a total tax savings of \$580. Your "cost" for donating the \$2,000 asset is \$1,420 (\$2,000 minus \$580).

Don't forget to give up your voting rights to the stock, and mail or deliver the contributed stock certificates prior to December 31st to get credit for the tax year. And remember, you can only claim a deduction for the full market value of the stock if you've held it for more than one year.

It is generally advisable to use this technique for appreciated securities. Check with your tax advisor before making any donation of property and especially if you are contemplating donating property that would result in a taxable loss if sold.

**To make your year-end gift of stock now, call Torrie Taj at [ttaj@turnanewleaf.org](mailto:ttaj@turnanewleaf.org) or 480-464-4648.**

### Black and White

-by KM, 9th grade youth at Eaton School

(Previously published in *The High School Writer* - Senior High Edition)

Black and white, dark and light, day and night,  
Yin and yang, tall and short,  
Who cares, there is middle, beginning and end.  
Big and small, life and death,  
Prep or nerd, cold or hot, hot or ugly.

I'm neither. I'm a male; I'm none of the above.

I'm the middle, I'm the gray, I'm proud to be where I am.

I'm a person, who doesn't care what you are. I care for everyone.

I will give everyone a chance, so give me a chance.

Black or white, dark or light, day and night, life or death.

I'm none; I'm a gray, not a black or white.



### MentorE Computer Lab

Making the connection between 11-15 year old youth and mentor's comes much easier through this innovative, after school program. With their parent's permission, Mesa children are matched by qualified staff with pre-screened, adult mentors.

Open after school at A New Leaf's Broadway Road site, supervised youth can email mentors, and work on homework or computer projects resulting in a new level of self-confidence and responsibility. The end result helps them to feel listened to, keep up with technology, achieve better grades, and as statistics show, stay in school longer.

## EXPERIENCE THE JOY OF GIVING



Remember the joy of finding that “just right” special gift for your loved one?

You can provide the delight and means to make that wonderful feeling a reality for a child or family who have put aside many of life’s simple pleasures while struggling to provide for basic needs and a brighter future.

Consider donating gift cards this holiday season to give an opportunity to parents, school-age children and teens to select just the right present. Utilizing money-stretching tips learned from case managers, they can benefit from good decision making while saving money during the after-holiday sales.

Winter break for “twens” and youngsters can turn from ho-hum to “Oh Boy!” with gift cards of movie passes, bowling certificates, miniature golf cards for family entertainment, grocery store or super-store

cards for food or clothing, shoe or hair cut certificates, and cards for home stores and craft shops. For really special times, think about ball games, plays, concerts, desired lessons and other out of the ordinary life treats.

Help others spread their wings this holiday season by becoming their holiday angel. Gift cards or financial donations can be sent to A New Leaf’s Development Department, 868 E. University Drive, Mesa, AZ 85203. Call 480-464-4648 or visit [www.TurnaNewLeaf.org](http://www.TurnaNewLeaf.org)

## WITH HUMBLE HEARTS WE THANK YOU

GC Services continues to support our sheltered families and children with generous donations. After sharing A New Leaf’s request for basic needs and gift cards with their employees through our monthly *Acts of Kindness* e-newsletter, GC Services generously bestowed donations of back to school supplies and gift cards. Thank you from our families, who have been afforded the opportunity to make their own decisions, as well as receive basic needs.



When Caroline Larrance, Jean McLane and Jan Carpenter created and lovingly donated a beautiful purple quilt, they may not

have known that purple is the representative color for Domestic Violence Awareness. Given to us with the idea that this was for an event, they also would have never guessed that AZ Representative (and new A New Leaf Board Member) Rich Crandall, District 19, would soon be taking it home. That is exactly what happened after his raffle ticket was drawn at the recent Faith House Domestic Violence Shelter Open House. Thank you ladies for sharing this unique treasure and for your ingenuity.

The playground at Faith House Domestic Violence Shelter’s Child Care Center had an “extreme make-over” this summer thanks to the good graces of Mr. Buzz Silverman, a local business owner and a very generous man.



Not only was the entire playground replaced with new and better equipment, there are beautiful citrus trees, new picnic tables and chairs under those trees and ceiling fans under the portico making for an inviting outdoor space for the women and children to spend some family time. Thank you Buzz for realizing how important that shared time is...and for helping to make it a reality for those who long for tranquility.



American Traffic Solutions of Scottsdale recently made a substantial donation to the Pillow and Linen Drive. From new pillows, towels, sheets and blankets to shower shoes and laundry baskets, this group brought in the largest donation to date. Our residents greatly appreciate these necessities; we thank you on their behalf.



Happy children from A New Leaf’s La Mesita Family Homeless Shelter and Autumn House Domestic Violence Shelter

went back to school with new shoes, cool clothes and more, thanks to Board member Amy Ahlstrom and her dedicated volunteers who paired up one-on-one for their annual shopping spree held at Kohl’s this year.



Milgard Windows and Doors and its parent company, Masco Corporation presented Michael Hughes, President/CEO of A New Leaf with a gift of over \$8,000 to help where needed the most. The funds have been committed to EVMC Men’s Shelter for a new dental area. We are truly grateful for the opportunity to expand services to the men through this generous donation.

“Our partnership with A New Leaf has provided many volunteer opportunities for our employees. We will continue to grow this partnership and help in any way we can give back to our local community,” said Cory Hall, Regional General Manager for Milgard.



Please send us your address changes so we may keep our information current.

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## Wish List

### Holiday Gift Cards

A practical and convenient way to give to our shelter families, men, school-age youth and teens. See details on page 7 of this issue.

### New Mattresses

Help make nights more restful by donating new twin or full-size mattresses and mattress covers for needy families to sleep on. Currently need 15 twin and 5 full mattresses and/or mattresses with box springs.

### Volunteers For Faith House Domestic Violence Shelter

Looking for volunteers to help care for and supervise children in the Child Care Center. Volunteers must be 21 and make a six month commitment. We will process fingerprints and make the required background check.

Programs are funded in part by city, state and federal government entities including but not limited to City of Glendale CDBG, by Grant 2005-WWE-AX-0108 awarded by the Ofc on Violence Against Women, US Dept. of Justice; Gov. Ofc. for Children, Youth & Families; Title XIX & XXI covered services are funded under a contract between AHCCS, ADHS & CPSA; several program projects have been funded by the AZ Dept. of Economic Security, Cmnty Services Admin, Domestic Violence Program and the Ofc. of Comm. Partnerships & Innovative Practices Homeless Program. Points of view are those of the author and do not necessarily represent the official position or policies of the Dept. under the Americans with Disabilities Act, A New Leaf must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. If necessary, A New Leaf must provide sign language interpreters for people who are deaf, a wheelchair accessible location or enlarged print materials. It also means that A New Leaf will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. Please contact A New Leaf. Reasonable accommodation on information, services and employment 480-464-7466. EOE. TDD 1-800-367-8939.

