



Dorothy B. Mitchell Counseling Center

WHAT: A community-based center in Mesa providing confidential services for children, youth and their families. Counseling, case management, medication management and support services are provided for those eligible under the Magellan of Arizona contract. Staff members also facilitate and provide in-home family support services, the Parent and Children Teaming Together Program (PACTT) and the After School Program.

WHO: For individuals who are enrolled in the Magellan Behavioral Health System, Dorothy B. Mitchell Counseling Center provides Masters level therapists, Bachelors level family support specialists, Masters and Bachelors level interns and paraprofessional staff supervised by licensed professional staff. Medication services are provided by licensed medical providers.

AREAS OF FOCUS:

DBMCC works with children and families with problems of abuse, neglect, and mental health. Issues addressed include post traumatic stress, adjustment issues, attention deficit hyperactivity disorder, depression, domestic violence, obsessive compulsive disorder, anxiety disorders issues, relationship issues, sexual abuse and substance abuse issues. Staff specialties include crisis management, cognitive/behavioral therapy, mediation/conflict resolution, solution focused brief therapy, relationship enhancement and play therapy, attachment and self-regulation therapy, character-based social and living skills and substance abuse counseling.

WHERE: 1655 E. University Drive, Suite 100, Mesa AZ 85203 P: (480) 969-6955 F: (480) 898-0705

WHEN: A New Leaf's Dorothy B. Mitchell Counseling Center was established in 1977. Hours are Monday-Thursday 8-8, Friday 8-5.

WHY: Goals are:

- to improve and promote the emotional, physical, and mental well being of clients
- to increase or maintain client self-sufficiency
- to build academic success
- to decrease involvement in the legal system
- to increase stable satisfying family relationships
- to provide access to human services and community resources.

HOW: Consumers are primarily referred by Magellan and Quality Care Network. This program is funded in a large part by Magellan of Arizona Inc. through an agreement with the Arizona Department of Health Services, Division of Behavioral Health Services.

CONTACT:
(480) 969-6955

A New Leaf: Helping Families...Changing Lives through Homeless and Domestic Violence Shelters, Youth and Community Programs.

Employment Opportunities: Human Resources (480) 464-7466, apply online.

Call (480) 969-4024 for reasonable accommodation on information, services and employment.

Hearing impaired call TDD (800) 367-8939.

www.TurnaNewLeaf.org