



health & wellness

department fact sheet

essential health services

A New Leaf's Health and Wellness programs provide top quality medical and behavioral health resources to communities across the Valley.

Our facilities offer primary medical care, counseling, behavioral health services, case management, assistance with medication management, therapeutic after school programming, and support services to all eligible patients.

Make an appointment today and start your journey toward health and wellness!

healing our community

Since 1971, A New Leaf has provided assistance to those most in need in our community, helping families, children, and adults overcome the challenges they face. With a rich ecosystem of services, A New Leaf provides a comprehensive foundation for families and individuals who fall on hard times or are looking to get ahead.

How can you help?



Volunteer

TurnaNewLeaf.org/Volunteer



Make a Gift

TurnaNewLeaf.org/Donate



Donation Drive

TurnaNewLeaf.org/Donation-Drive

get started

with health & wellness services

Dorothy B. Mitchell Counseling Center

(480) 969-6955 | 1655 E University Dr #100 Mesa, AZ 85203

Counseling, case management, medication management, and support services for children and adults.

West Valley Family Care

(623) 934-1991 | 8581 N 61st Ave, Bldg A, Glendale, AZ 85302

Primary medical care, behavioral health, and counseling services for children & adults.

La Mesita Family Care

(480) 733-3033 | 2254 W Main St, Mesa, AZ 85201

Primary medical care, behavioral health, and counseling services for children & adults.

East Valley After School Program

(480) 832-9268 | 960 N Stapley Dr, Mesa, AZ 85203

Behavioral health and after school program for youth aged 6-18 years old.

**Visit www.TurnaNewLeaf.org/Get-Started
to learn more.**