



a new leaf financial wellness

Valley-wide

improving your financial health

A New Leaf's Financial Wellness program gives households across the Valley the freedom and resources needed to achieve financial stability.

Education plays a critical role in your financial well-being, and often leads to better household income management. Financial Wellness offers free resources online and in-person to help you learn the best practices of financial wellness. Dedicated Financial Coaches will help you better understand how to reach your financial goals and self-reflect on your own habits. You must be at least 18 years old and have a willingness to be actively working towards goals to be eligible.

Services offered through this program include:

- One on One Financial Coaching
- Credit Building and Repair
- Budgeting & Spending Plan
- Saving Money for Emergencies
- Establishing Banking Services
- Operation HOPE

A New Leaf also partners with banks and credit unions to offer free services to eligible individuals. Financial coaching will equip you with the knowledge and tools to create a secure future.

Additionally, A New Leaf participates annually in America Saves Week. We believe that saving for the future, for the unexpected, and for financial goals is important to one's overall well-being and peace of mind.



helping you achieve financial stability

A New Leaf works with dozens of generous volunteer financial coaches to train and coach program participants. You will be paired with a qualified individual to guide you on your journey towards financial stability.



A New Leaf's Financial Wellness Programs equips households with the skills they need to save money, make investments, and achieve long-term financial stability and independence.

To receive assistance, please contact the Financial Wellness program by calling **(480) 636-6813** or emailing **financialcoaching@turnanewleaf.org**.

locations

A New Leaf offers Financial Wellness services across the valley. The primary office for financial coaching and in-person services is at MesaCAN, located at 635 E Broadway Rd, Mesa, AZ 85204.

other resources

A New Leaf offers a wide variety of services. If you are facing challenges relating to finances, you may also be interested in some of the services below. Please ask a staff member at A New Leaf about these programs, go to **TurnaNewLeaf.org**, or call **(480) 969-4024**.

- Financial Coaching and Budgeting
- Rent and Utility Assistance
- Homeless Shelters
- Affordable Housing
- Health Care Assistance
- Career Training Programs

Equal Opportunity Employer/Program
Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. To request this document in alternative format or for further information about this policy, contact the Division of Aging and Adult Services at 602-542-4446; TTY/TDD Services: 7-1-1. Free language assistance for DES services is available upon request.