



a new leaf la mesita family care

Mesa, AZ

quality health services

A New Leaf's La Mesita Family Care facility is a fully integrated healthcare clinic that provides community-based behavioral health services and medical services for both children and adults.

Designed with all of the needs of a patient in mind, La Mesita Family Care is able to provide medical care, counseling, case management, medication management, and support services as needed. This integrated care approach allows an individual to obtain all of the care they need to address their challenges in one convenient location.

The outpatient clinic's services are provided by therapists, case managers, psychiatrists, nurse practitioners, a primary care practitioner, and other trained staff who are supervised by licensed professional staff. The outpatient clinic is able to provide services to enrolled patients from birth through 64 years of age.

Behavioral health issues addressed may include: attention deficit hyperactivity disorder, depression, anxiety disorders, adjustment disorders, relationship issues, substance abuse, and trauma-related issues, such as abuse, neglect, and domestic violence.

Through this holistic approach, A New Leaf improves and promotes the emotional, physical, and mental well-being of everyone that comes to La Mesita Family Care.



psychiatric
evaluation



case
management



individual and
group counseling



primary
medical care

how to get help

If you are a new patient or haven't been seen in over a year, please call **(480) 969-6955** to schedule an intake appointment.

To schedule a normal appointment, please visit our website at:
TurnaNewLeaf.org/HealthAppointment

location & schedule

2254 W Main St. Mesa, AZ 85201

Monday, 9AM - 4PM

Wednesday, 9AM - 4PM

Friday, 8AM - 12PM



contact

La Mesita Family Care
(480) 969-6955

other resources

A New Leaf offers a wide variety of services. If you or someone you know is experiencing behavioral health challenges, you may also be interested in some of the services below. Please ask a staff member at A New Leaf about these programs, go to **TurnaNewLeaf.org**, or call **(480) 969-4024**.

- After School Programs
- Medication Management
- Financial Coaching and Budgeting
- College Savings Program
- Foster Care Licensing
- DCS Involved Programs

Equal Opportunity Employer/Program

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. To request this document in alternative format or for further information about this policy, contact the Division of Aging and Adult Services at 602-542-4446; TTY/TDD Services: 7-1-1. Free language assistance for DES services is available upon request.