



# DVHEART

Valley-wide services

## life-saving services

**A New Leaf's DVHEART (Domestic Violence Healing, Engaging, and Resiliency Training) uses a trauma informed approach to assist children and parents exposed to domestic violence, helping them to heal and improve their lives.**

DVHEART provides parenting and healing art workshops that teach positive parenting skills, strengthening the bond between parents and children exposed to domestic violence, and increasing resiliency in children as a protective factor against the trauma they have experienced. If you are in an immediate abusive situation, please call the hotline below:

**24-Hour Domestic Violence Hotline:  
(480) 890-3039 or 1-844-SAFEDVS**

DVHEART focuses on meeting the needs of children and their non-abusing parent through survivor centered approaches, including:

- Helping survivors heal from their trauma
- Increase parent confidence in advocating for self, and seeking supports
- Improve parent and child wellbeing, parent-child relationships, family functioning, and parenting confidence and competence
- Improve safety, discussing something never shared before and constructive ways of managing feelings
- Improve positivity about self and future, and positive impact on relationships
- Increase referrals from public as result of education/awareness and work with community providers to gain knowledge of domestic violence.

## additional DVHEART services

DVHEART provides a Positive Parenting Program (Triple P), evidence-based comprehensive parenting curriculum. Staff trained and accredited within A New Leaf to deliver Triple P Brief Interventions, Level 4 Standard, Level 4 Group, Level 4 Teen, Level 4 Fearless and Level 5 Pathways DVHEART also provides A Window Between Worlds (AWBW), healing art workshops delivered by trained staff, for parents and children.

Both Triple-P and A Window Between Worlds are offered in English and Spanish. Services can be provided both in person and virtually; as well as in a group setting or individually.

DVHEART provides Case Management services to clients as they leave shelter services and to clients in the community. Some services include, Basic Needs, Coaching, Housing, Employment, Referrals/Resources, Counseling, Education, and Financial Literacy.

## community partners



DVHEART services are made possible by Grant Number 90EV0470 from the Department of Health and Human Services, Administration for Children and Families. Its contents are solely the responsibility of A New Leaf and do not necessarily represent the official views of the Department of Health and Human Services, Administration for Children and Families.

A New Leaf also works closely with the City of Phoenix, Arizona Coalition to End Sexual and Domestic Violence, the Department of Economic Security, other Maricopa County domestic violence shelters, and numerous state and private funders.

## other resources

**A New Leaf offers a wide variety of services.** If you are facing challenges relating to domestic violence, you may also be interested in some of the services below. Please ask a staff member at A New Leaf about these programs, go to [TurnaNewLeaf.org](https://TurnaNewLeaf.org), or call **(480) 969-4024**.

- Domestic Violence Shelter
- Domestic Violence Court Advocacy
- Employment Assistance
- Sexual Violence Services
- Financial Coaching and Budgeting
- Counseling and Therapeutic Programs

Equal Opportunity Employer/Program

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. To request this document in alternative format or for further information about this policy, contact the Division of Aging and Adult Services at 602-542-4446; TTY/TDD Services: 7-1-1. Free language assistance for DES services is available upon request.



# DVHEART (SPA)

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