

## ADVENTURE LEARNING ROPES COURSE

### *Adventure Based Team-Building*

A New Leaf Foundation offers adventure-based training and team building for groups. This safe, fun, experiential opportunity will enhance cooperation by engaging participants in activities which can promote trust, self-confidence, effective communication, appreciation of differences, critical and creative thinking, leadership development, decision making and problem solving within a team environment.



### *Safety Considerations*

All experiences are “challenge-by-choice.” Participants are allowed to discover their own level of risk-taking in a safe and supportive atmosphere. Activities can be designed to be inclusive of participants with physical disabilities or handicaps and are designed to be completed by individuals of any age without physical exertion. Facilitators ensure safe completion of all activities by your group.



### *Professional Staff*

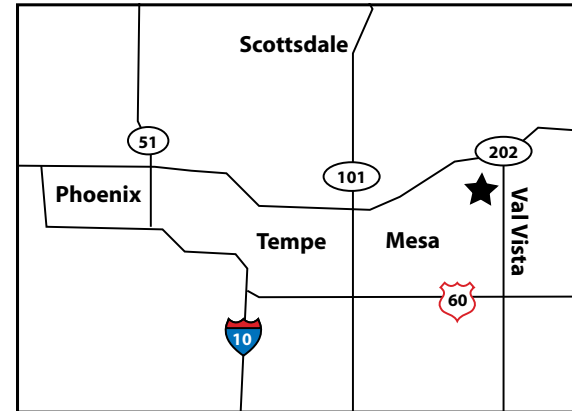
Groups scheduling on the Adventure Learning Ropes Course will be working with a facilitator and co-facilitator who have been professionally trained. Our facilitators maintain a minimum of 18 hours of course work annually.

Course Facilitators will work with you and your group to custom design an experience which will meet your needs.

Workshops can range from half-day to multi-day formats. Accommodations can be made for groups who wish to utilize week-end dates.

Lindsay Rd.		Ropes Course
University Dr.		
3420 E.		
Main St.		
Broadway		
Southern		

*Special thanks to  
The Helaman Foundation and  
The Virginia G. Piper  
Charitable Trust  
for making this Center possible.*

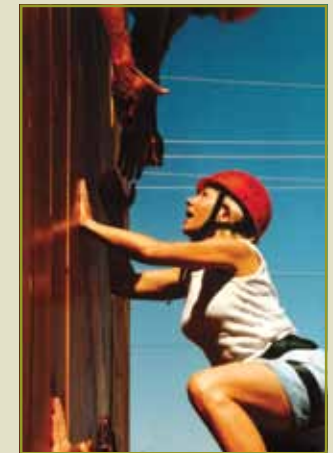


## A NEW LEAF CONFERENCE & TRAINING CENTER



*A Tranquil Place of  
Realization and Knowledge*

## ADVENTURE LEARNING ROPES COURSE



A New Leaf Conference and Training Center  
3420 East University Drive  
Mesa, Arizona 85213

For more information or a tour  
call 480.733.3084

Email: [Training@turnanewleaf.org](mailto:Training@turnanewleaf.org)  
[www.TurnaNewLeaf.org](http://www.TurnaNewLeaf.org)



## CONFERENCE & TRAINING CENTER

### AMENITIES

- Four training rooms including an Executive Board Room with combined capacity of up to 100 participants
- Personal reflection room
- Computer lab featuring 13 computers
- Tele-conference capabilities with internet access
- Low-Ropes team building course
- Contemporary kitchen and dining area
- Outdoor sitting and reflection areas

A New Leaf Conference & Training Center offers a tranquil setting conducive to personal and professional enrichment with customized facilitation for your meeting needs. Nestled in a unique outdoor space, the Center is close to easy freeway access.

Revitalize your group with indoor or outdoor meetings, a Low-Ropes course, gardens, and meditation areas.

From non-profit agencies including schools and churches to corporations, government agencies and healthcare providers, the Conference & Training Center has the space and amenities you need with the option of customizing and facilitating programs as necessary.

### GATHERING

#### HELAMAN HALL

##### *Conference Room*

Conference rooms provide a tranquil space that invites full of expression of ideas and concepts. A television, DVD player, computerized access, and white boards are available.



##### *Frank and Barbara Bennett Room*

Offering a quiet library and fireplace setting, this room helps sooth day-to-day stress, allowing more space for personal enrichment.

##### *Ginny Jontes Executive Room*

Encourage and liberate far-reaching thoughts and ideas in this large, planning room for 16 participants.



#### DR. BRUCE AND JANIS MERRILL HALL

##### *Large Conference Room*

Advance the realization of understanding and awareness in this comfortable, multi-purpose conference room for 30, located next to the Computer Room.

##### *Computer Room*

Practical applications are reignited with the support of 13 computers, internet access and printers.



##### *Michael and Vicky Flatt Room*

A bright and airy breakout room available as a dining or reading area to enhance your meeting experience.



### TRANSFORMATION

#### *Michael and Petey Hughes Self-Reflection Room*

Induce a state of tranquility and awareness through yoga, personal reflection and relaxation in this calming haven.

### PURPOSE

#### A NEW LEAF CONFERENCE & TRAINING CENTER

offers facility rental and customized training facilitated by our highly-qualified staff to fit your credentialing and licensure needs. Offerings include but are not limited to:

#### WORKFORCE GROWTH

- Team Cohesiveness
- Cultural Diversity in the Workplace
- Conflict Resolution
- Violence in the Workplace
- Effective Communication
- Life Coaching/Mentoring

#### GENERAL DEVELOPMENT

- Customer Service
- CPR/First Aid
- Healthy Boundaries & Safety in the Workplace
- Infection Control Classes

#### BEHAVIORAL HEALTH INITIATIVES

- Clinical Supervision
- Cultural Diversity and Cultural Bias
- Incident and Accident Reporting
- Client's Rights
- HIPAA Rules and Regulations

#### PERSONAL ENRICHMENT

- Yoga • Meditation • Life Coaching